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Firstly, let's talk about Garnacho's overall rating, which is 63. While this may not seem particularly high, it's important to remember that he's still a young player with room for growth and development.

His potential rating of 84 shows that he has a lot of promise and could become a valuable asset to any team.

Moving on to his skills, Garnacho excels in several areas. His shooting ability is impressive, with a rating of 67, and his acceleration and sprint speed are both rated at 86 and 83 respectively. This makes him a fast and agile player who can quickly move up the field and create scoring opportunities for his team.

Furthermore, Garnacho's passing ability is also noteworthy, with a rating of 71 in short passing and 72 in vision. This means he can not only create chances for himself, but also set up his teammates for scoring opportunities.

However, like any player, Garnacho is not without his weaknesses. His crossing ability, while not terrible, could use some improvement, with a rating of 68. Additionally, his heading accuracy is rated at 62, which could be improved upon.

In terms of playing style, Garnacho is best utilized as a left midfielder in a 4-3-3 or 4-2-3-1 formation. This allows him to use his speed and agility to run down the left flank and deliver crosses into the box. Alternatively, he could be used as a second striker in a 3-5-2 formation, where his speed and finishing ability can be leveraged to create scoring opportunities.

A modalidade esportiva de saltos de esqui de 90m corresponde a uma das distâncias padrão utilizadas em competições oficiais. A sigla "90m" refere-se à distância prevista para o salto, que deve ser realizado a partir de uma rampa ou trem de elevação, chamada de "rampinha".

Nesta modalidade, o esquiador desce por uma pista íngreme, tomando impulso para alcançar o trem de elevação, no momento que adquire velocidade e aceleração. Em seguida, salta da rampa, visando cobrir a maior distância possível no ar, antes de realizar um pouso seguro sobre a neve.

O esquiador é avaliado pelo relacionamento entre a técnica e o estilo, além da distância alcançada no salto. É importante ressaltar que o esquiador deve manter uma posição aerodinâmica ideal durante o salto, para maximizar a distância e garantir um pouso seguro.