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div >>div >>div >>Average jump height for untrained females: <span

>>12-16 inches (30-40 cm) Average jump height for trained males:

24-28 inches (60-70 cm) Average jump height for trained females: 20-24 inches (5) Tj T* B

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uot; style="padding-bottom:12px;padding-top:Opx" >>div >>div

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The average Broad Jump distance for college-aged females is approximately <span

>>6-7 feet (1.8-2.1 meters). High school athletes: The average

Broad Jump distance for high school athletes is approximately 9-10 feet (2.7-3) Tj T* BT /

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